

MÖDERE® FACT SHEET

RUSH

Health & Wellness | Active Health

Product Description

Modere Rush takes pre-workout products to the next level by using a more balanced, science-driven approach that helps optimize your mind and body. It provides clean energy to get you in the zone and ready to work out with calcium HMB, beet root juice, beta-alanine and creatine citrate to bolster your athletic performance, protect your muscles and help you gain strength more quickly.*

Product Benefits

- Boosts athletic performance*
- Gets you in the zone and makes exercise feel easier*
- Enhances blood flow so you can push harder and get fit faster*
- Protects muscles from protein breakdown during exercise*
- Enhances natural energy production*
- Sugar-free, gluten-free, dairy-free, non-GMO, vegan, keto-friendly

Positioning Statement

Consistent effort is the key to achieving your fitness goals, but it's also the biggest hurdle. It can be challenging to find the daily energy you need to exercise. That's why Modere has incorporated the science of exercise psychology and physiology to create Rush, a revolutionary pre-workout formula that gets you in the zone and enhances blood flow so you can push harder and get fit faster.*

To achieve that, Rush gives you clean energy from green tea and a comprehensive array of vitamins, so you feel not only invigorated, but totally in the zone and ready to work out. It also features a gamechanging ingredient called calcium HMB, which is 20x more potent than leucine at protecting your muscles against protein breakdown during exercise. Plus it provides beet root juice, beta-alanine and creatine citrate to boost your athletic performance and aid lean muscle development, so you can get toned more quickly.*

And to maximize your results, use Modere Recover after any physical activity. It bolsters rehydration, speeds recovery and supports lean muscle development. Order Rush and Recover now for a better workout and a better recovery.*

Directions/Usage

Mix 1 packet in 8-12 fl oz of cold water. Take 15-30 minutes before working out.



Key Ingredients

- Calcium HMB
- Creatine
- Beta-alanine
- L-glutamine
- Beetroot juice

Supplement Facts

Serving Size 1 Packet (9 g)
Servings Per Container 20

Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	2 g	1%*
Total Sugars	0 g	†
Vitamin D3 (as cholecalciferol from lichen extract)	5 mcg	25%
Thiamin (as thiamine mononitrate)	1.5 mg	125%
Riboflavin	1.7 mg	131%
Niacin (as niacinamide)	5 mg	31%
Vitamin B6 (as pyridoxine hydrochloride)	1 mg	59%
Vitamin B12 (as cyanocobalamin)	15 mcg	625%
Pantothenic Acid (as D-calcium pantothenate)	20 mg	400%
Calcium	200 mg	15%
Magnesium (as magnesium carbonate)	100 mg	24%
Proprietary Blend	6.8 g	†
Creatine Citrate, Calcium Beta-Hydroxy-Beta-Methylbutyrate (HMB), L-Glutamine, CarnoSyn® Beta-Alanine, Beet Root Juice Concentrate, Inositol, Betaine, L-Aspartic Acid, Caffeine from Green Tea Leaf Extract		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Natural flavors, citric acid, microcrystalline cellulose, malic acid, rebaudioside A, silicon dioxide.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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