

MÖDERE® FACT SHEET

LEAN BODY SYSTEM, LEMON

Health & Wellness | Weight Management

Product Description

Modere Lean is a scientifically designed body-sculpting system with an innovative, first-in-the-world combination of technologies that accelerate fat reduction, improve muscle tone and promote lean body composition.*

Product Benefits

Trim Lemon

- Supports fat metabolism*
- Inhibits cellular fat storage*
- Supports a reduction in fat cells*
- Promotes a healthy body composition*
- Improves muscle tone*
- Restores youthful skin*
- Supports joint, muscle fitness and connective tissue health*
- Supports healthy hair, nails, gums and eyes*

Burn

- Boosts metabolism*
- Helps maintain healthy blood sugar levels to reduce unwanted cravings*
- Increases energy*
- Burns more calories

Activate

- Naturally eliminates toxins*
- Rejuvenates cellular health*
- Ignites digestive energy*
- Complements a fat loss regimen
- Makes you feel energized*
- Kick-starts a lifestyle regimen with monthly rejuvenation

Positioning Statement

Body composition is the ratio of fat to muscle in the body, and is often used to determine a person's overall level of health. Because muscle is denser than fat, a pound of muscle takes up less space than a pound of fat, which is why two people with the same height and weight might have vastly different body shapes. Body composition and body fat are important measurements when you are on a weight management program. Lean Body System is an exclusive collection of scientifically designed products to help you burn fat, lose inches and promote lean body composition for overall better health and fitness.*

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Key Ingredients

Trim Lemon

- CLA
- Liquid BioCell®, backed by Collagen/HA Matrix® Technology

Burn

- Plant-derived fucoxanthin
- Berberine
- Chromium

Activate

- Certified organic aloe vera
- Natural apple pectin
- Psyllium seed husk
- Dandelion leaf

Trim Lemon

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	45
Total Fat	4 g 5%*
Total Carbohydrate	2 g 1%*
Total Sugars	0 g †
Sodium	15 mg 1%
Proprietary Blend	5 g †

Conjugated Linoleic Acid (from Safflower Seed Oil), Liquid BioCell® (Hydrolyzed Chicken Sternal Cartilage Extract providing Hydrolyzed Collagen Type II Peptides, Chondroitin Sulfate and Hyaluronic Acid)

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Purified water, vegetable glycerin, natural flavor, citric acid, xanthan gum, turmeric (color), sunflower seed oil, potassium sorbate (to preserve freshness), mixed tocopherols, rebaudioside A.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LEAN BODY SYSTEM, LEMON

Trim Lemon features an innovative, first-in-the-world combination of two leading technologies to accelerate fat reduction, improve muscle tone and restore youthful skin for a sculpted, lean body—CLA (conjugated linoleic acid) and Collagen/HA Matrix® Technology. Not only does CLA support fat-burning metabolism, it actually helps block fat transport from the bloodstream into fat cells, inhibiting fat absorption, reducing fat cell size and reducing fat cell formation.*

Weight loss can cause skin to wrinkle and sag. Our multi-patented, award-winning Collagen/HA Matrix® Technology replenishes collagen and HA (hyaluronic acid) levels in a highly absorbable form, restoring youthful skin and supporting joint and muscle fitness.*

Burn is a science-backed thermogenic formula featuring a powerful blend of 3 fat-burning ingredients. The coastal seaweed extract fucoxanthin is combined with plant-derived berberine and the essential trace mineral chromium to activate your metabolism, reduce cravings, and shift your body into fat-burning mode.*

Finally, **Activate** is a monthly 3-day detox formulated with organically grown aloe vera to naturally eliminate toxins, plus apple pectin and psyllium seed husk for added fiber. This formula helps ignite digestive energy, making the perfect complement to a fat loss regimen.*

Together, these 3 products optimize your fat-burning metabolism, promote a leaner body composition and rejuvenate cellular health for a full body transformation experience.*

Directions/Usage

Trim Lemon: Take 1 tablespoon directly by mouth daily, preferably in the morning.

Burn: For adults over 18 years of age, take 1 capsule up to 3 times daily with a large glass of water and a meal or snack. Allow 3-4 hours between servings. Do not exceed 3 capsules daily. Use in conjunction with a calorie-responsible meal plan and exercise.

CAUTION: Three capsules contain 180 mg of caffeine, about as much as 2 cups of coffee. This product is not intended for individuals under 18 years of age, pregnant or nursing women or for those sensitive to caffeine. Consult with your doctor before use if you are taking medication, have high blood pressure, are diabetic and/or have any other medical condition. Limit the use of caffeine-containing medications, foods or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat.

Activate: Read NOTICE and CAUTION carefully before use. Mix one packet into 8 ounces of water. Stir briskly, and drink promptly. If mixture thickens, add more liquid and stir. Use for 3 consecutive days per month, preferably at bedtime.

Burn

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	150 mg	167%
Chromium (as Chromax® Chromium Picolinate)	80 mcg	229%
ThermoBlend	440 mg	†
Cordyceps Mycelium, Berberine from Berberis aristata Root Extract, Caffeine from Coffee Bean Extract (Coffea robusta), Kelp Extract (Laminaria japonica) (10% fucoxanthin), Chocamine® (Cocoa Bean Extract, Theobromine), Olive Fruit Extract, Green Tea Leaf Extract, Guarana Seed Extract, Green Coffee Bean Extract (50% Chlorogenic Acids), Allspice Fruit, Cassia Cinnamon Bark, Ginger Root		

*Daily Value not established.

OTHER INGREDIENTS: Hypromellose, microcrystalline cellulose, silicon dioxide, magnesium stearate, natural flavor. **CONTAINS:** Soy.

DIRECTIONS: For adults over 18 years of age, take 1 capsule up to 3 times daily with a large glass of water and a meal or snack. Allow 3-4 hours between servings. Do not exceed 3 capsules daily. Use in conjunction with a calorie-responsible meal plan and exercise.

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Activate

Supplement Facts		
Serving Size 1 Packet (9 g)		
Servings Per Container 3		
	Amount Per Serving	% Daily Value
Calories	35	
Total Carbohydrate	7 g	3%*
Dietary Fiber	3 g	11%*
Protein	1 g	
Sodium	15 mg	1%
Proprietary Blend	7.3 g	†
Psyllium Seed Husk, Apple Fruit Pectin, Turkey Rhubarb Root, Milk Thistle Seed Extract (provides 80% Silymarin), Sodium Copper Chlorophyllin, Ginger Rhizome Extract (provides 5% Gingerols), Aloe Vera Inner Leaf, Dandelion Leaf and Root Extract		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: Citric acid, natural flavor, rebaudioside A.

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