

# MÖDERE® FACT SHEET

## FIBER

Health & Wellness | Support

### Product Description

Modere Fiber is a naturally flavored, easy-to-mix fiber supplement that promotes bowel regularity and gastrointestinal health, and is formulated with probiotics to maintain beneficial intestinal flora.\*

### Product Benefits

- 6g of soluble and insoluble fiber per serving to aid in digestive health\*
- Psyllium seed husk promotes bowel regularity and feeling of fullness between meals, supporting a healthy weight management regimen\*
- Bacillus subtilis promotes beneficial gut flora and healthy gastrointestinal function\*
- Fiber supplementation helps maintain cholesterol levels already within the normal range\*
- Powder formula mixes easily into water, juice, or smoothies
- Natural citrus flavor, naturally sweetened with stevia

### Positioning Statement

Chances are you are not getting enough fiber.

Modere Fiber makes it easy to supplement your daily fiber intake, with a blend of soluble and insoluble fiber that you can add to your favorite beverage, smoothie, or just old fashioned H<sub>2</sub>O. Natural citrus flavoring means it isn't bland and boring—this fiber actually tastes pretty good on its own.

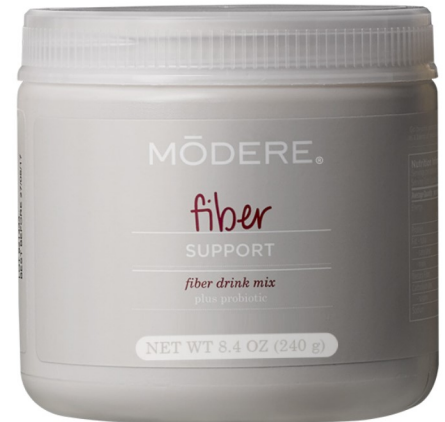
Fiber promotes regularity, helps maintain cholesterol levels already within normal range, and it helps you feel fuller so you don't feel as starved when mealtime hits. It's the missing part of your diet that your body craves just as much as protein or carbohydrates.\*

Even better, our Fiber comes with something most others don't: a probiotic built right in, to help maintain beneficial intestinal flora.\*

You take vitamins and other supplements you know are good for you...but how many do you take that you can actually feel working? Trust us; if this isn't already one of your favorite Modere supplements, it soon will be.

### Directions/Usage

Put two level scoops (8 grams) into an empty glass. Mix with a full glass (250 mL) of water or other liquid. Stir briskly, and drink promptly. If mixture thickens, add more liquid and stir.



### Key Ingredients

- Psyllium seed husk
- Bacillus subtilis

### Supplement Facts

Serving Size 2 Level Scoops (8 g)  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	30	
Total Carbohydrate	7 g	3%*
Dietary Fiber	6 g	21%*
Soluble Fiber	2 g	†
Insoluble Fiber	4 g	†
<b>Proprietary Blend</b>	<b>7.2 g</b>	<b>†</b>
<i>Psyllium Seed Husk, Inulin, Cellulose, Guar Gum, Bacillus subtilis</i>		

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**OTHER INGREDIENTS:** Citric acid, steviol glycosides, silicon dioxide, natural flavors, beta-carotene (color).

ITEM# 17009 • 0643/3

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.