

# MÖDERE® FACT SHEET

## ACTIVATE

Health & Wellness | Weight Management

### Product Description

Moderate Activate is a monthly 3-day detox designed to ignite your digestive energy, rejuvenate cellular health, eliminate toxins and even encourage your fat loss efforts.\*

### Product Benefits

- Naturally eliminates toxins\*
- Rejuvenates cellular health\*
- Ignites digestive energy\*
- Complements a fat loss regimen\*
- Makes you feel energized\*
- Kick-starts a lifestyle regimen with monthly rejuvenation\*

### Positioning Statement

Activate is formulated with organically grown aloe vera. Commonly used to soothe and moisturize over-exposed skin, aloe has also long been recognized for its natural cleansing properties in the gastrointestinal tract.\*

This naturally cleansing ingredient is combined with apple pectin to help regulate your system and psyllium seed husk for added fiber. Dandelion leaf and root supplies nutrients to support detox and elimination. Together, these plant-derived ingredients keep waste and toxins moving out of your system, so you feel energized and maintain your momentum.\*

### Directions/Usage

Mix one packet into 8 ounces of water. Stir briskly, and drink promptly. If mixture thickens, add more liquid and stir. Use for 3 consecutive days per month, preferably at bedtime.



### Key Ingredients

- Apple pectin
- Psyllium seed husk
- Certified organic aloe vera
- Natural lemon ginger flavor

### Supplement Facts

Serving Size 1 Packet (9 g)  
Servings Per Container 3

Amount Per Serving	% Daily Value	
Calories	35	
Total Carbohydrate	7 g	3%*
Dietary Fiber	3 g	11%*
Protein	1 g	
Sodium	15 mg	1%

**Proprietary Blend** 7.3 g †  
Psyllium Seed Husk, Apple Fruit Pectin, Turkey Rhubarb Root, Milk Thistle Seed Extract (provides 80% Silymarin), Sodium Copper Chlorophyllin, Ginger Rhizome Extract (provides 5% Gingerols), Aloe Vera Inner Leaf, Dandelion Leaf and Root Extract

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**OTHER INGREDIENTS:** Citric acid, natural flavor, rebaudioside A.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.