

MÖDERE® FACT SHEET

OPTIMIZE

Health & Wellness | General Nutrition

Product Overview

Optimize is the simple way to upgrade your water with the health benefits of hydrogen, the power of super hydration and great taste. Just drop one tablet into ordinary H₂O to instantly transform it into potent hydrogen water that enhances your antioxidant capacity, cellular energy and overall health. Our delicious formula also provides elemental magnesium and the most bioavailable form of folate to bolster your cardiovascular and nervous systems.*

Product Benefits

- Enhances cellular energy*
- Promotes antioxidant capacity*
- Encourages better hydration for better health*
- Aids nervous system*
- Provides cardiovascular support*
- Superior source of essential folate
- Good source of essential magnesium
- Gluten-free, dairy-free, vegan, keto-friendly

Product Details

Everyone knows that drinking plenty of water is essential to good health, but it can be challenging to stay properly hydrated if you find plain old water to be flat and flavorless. In one simple step, you can make your water taste great and bolster its health benefits. Just drop an Optimize tablet into ordinary H₂O and watch our exclusive formula fizz into action, creating molecular hydrogen to promote cellular energy, antioxidant capacity and overall wellness.*

Our advanced formula takes the impressive health benefits of hydrogen water even further by adding magnesium and folate to support your cardiovascular and nervous systems. In some supplements, these two vital nutrients come in forms that your body can't use effectively. Optimize delivers the most bioavailable form of folate, so you get the nutritional support you need.*

It isn't always easy to drink enough water, get vital nutrients and enjoy the taste. Optimize makes it simple.

Directions/Usage

Add one tablet to 6 to 8 fl oz of water. Wait until tablet completely dissolves and consume within 20 minutes. Do not swallow tablet.



Key Ingredients

- Methylfolate
- Elemental magnesium

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Folate (as L-5-Methyltetrahydrofolate Calcium)	680 mcg DFE	170%
Magnesium (elemental)	65 mg	15%

OTHER INGREDIENTS: Malic acid, dextrose, adipic acid, citric acid, natural flavor, Chinese blackberry leaf extract.

DIRECTIONS: Add one tablet to 6 to 8 fl oz of water. Wait until tablet completely dissolves and consume within 20 minutes. Do not swallow tablet.

CAUTION: Consult your health care provider before use if you are pregnant or nursing, have a medical condition, or when taking any medication. **STORE OUT OF REACH OF CHILDREN.**

STORAGE: Store in a cool dry place.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.